

# Basic and Preventive Care

## Mason County Data Series

### Health Insurance

About 17% or nearly 6,700 Mason County adults had 'no' form of health care coverage in 2004. (D1.3)

#### Health Care Coverage for Adults 18+, Mason County & Washington State 2004

Area	% Yes Coverage	% No Coverage
Mason County	83%	17%
Washington	85%	15%

Note:

- Coverage = includes health insurance, prepaid plans such as HMO's, and government plans such as Medicare.

### Personal Health Care Provider

About 26% or nearly 10,300 Mason County adults did 'not' have one person who they considered their personal doctor or health care provider in 2004. (D1.3)

#### Adults 18+ with a Personal Doctor or Health Care Provider, Mason County & Washington State 2004

Area	% Yes Provider	% No Provider
Mason County	74%	26%
Washington	78%	22%

### Recent Medical and Dental Care

About 27% or 10,500 of Mason County adults had 'not' visited a doctor for a routine checkup within the past year. About 39% or nearly 15,400 Mason County adults had 'not' seen a dentist within the past year. (D1.3)

#### Last Visited a Doctor for a Routine Checkup among Adults 18+, Mason County & Washington State 2003

Area	% Within Past Year	% More than 1 Year Ago
Mason County	73%	27%
Washington	75%	25%

#### Last Visited a Dentist for Any Reason among Adults 18+, Mason County & Washington State 2004

Area	% Within Past Year	% More than 1 Year Ago
Mason County	61%	39%
Washington	70%	30%

Based on 2003 and 2004 data, Mason County adults 18+ received their health care coverage from the following sources: (D1-2)

- 35% their employer
- 24% Medicare
- 16% someone else's employer
- 13% a plan that they or someone buys on their own
- 12% from other sources (including Medicaid, military and Indian Health Service)

59% of all Mason County women who gave birth in 2004 were covered by Medicaid. In comparison, 46% of Washington State women who gave birth in 2004 were covered by Medicaid. (D4-5)

62% of Mason County 'first time' moms who gave birth in 2004 were covered by Medicaid. In comparison, 44% of Washington State 'first time' moms who gave birth in 2004 were covered by Medicaid. (D27)

In 2005, 83% of Mason County adults said that they had no dental coverage. (D6)

About 16% of Mason County adults said that there was a time in the past 12 months when they needed to see a doctor but could not because of cost (based on 2003 and 2004 data combined). (D1-3)

In 2005, 12% of Mason County adults said they or someone in their family had difficulty accessing needed care. (D5)

% = Percent  
# = Number or count

## Prenatal Care and Pregnancy Complications

An average of 25 births each year to Mason County moms have late or no prenatal during pregnancy (based on 2000-2004 data). (D28)

### **Late or No Prenatal Care, Mason County & Washington State 2000-2004**

Area	% 2000	% 2001	% 2002	% 2003	% 2004	% 2000-2004
Mason County	5%	5%	3%	6%	7%	5%
Washington	3%	3%	3%	5%	5%	4%

Note:

- Late prenatal care = no medical care or care beginning in the 7 month of pregnancy or later.

An average of 197 pregnant Mason County women are hospitalized each year for a pregnancy related complication (based on 2000-2003 data). Pregnancy complications can be related to early labor, diabetes, anemia, hypertension, and numerous other complications. (D12)

### **Hospitalizations for Pregnancy Complications, Mason County & Washington State 2000-2003**

Area	Rate 2000	Rate 2001	Rate 2002	Rate 2003	Rate 2000-2003
Mason County	899.2	1087.3	1108.4	1236.6	1082.7
Washington	543.3	537.4	542.9	562.3	546.3

Note:

- Rate per 100,000.

## Adult Immunizations

About 57% of Mason County adults age 50+ had a flu shot within the past 12 months. (D1-2,13)

### **Adults 50+ who had a Flu Shot within past 12 Months, Mason County & Washington State 2004**

Area	% Yes Shot	% No Shot
Mason County	57%	43%
Washington	52%	48%

About 64% of Mason County adults age 65+ had a pneumonia shot at some point in their lifetime. (D1-2,13)

### **Adults 65+ who had a Pneumonia Shot at some point in their Lifetime, Mason County & Washington State 2004**

Area	% Yes Shot	% No Shot
Mason County	64%	36%
Washington	66%	34%

71% of babies born to Mason County women in 2004 had prenatal care beginning in the first trimester of pregnancy. In comparison, 79% of babies born to Washington State moms had prenatal care beginning in the first trimester. (D7)

5% of babies born to 'white' Mason County women had late or no prenatal care (based on 2000-2004 data). (D28)

8% of babies born to 'Native American' Mason County women had late or no prenatal care (based on 2000-2004 data). (D28)

7% of babies born to 'Hispanic' Mason County women had late or no prenatal care (based on 2000-2004 data). (D28)

An average of 201 hospitalizations for influenza (flu) and pneumonia occur each year among Mason County residents of all ages (based on 2000-2004 data). Residents may be hospitalized more than once during the year. (D14)

Of hospitalizations occurring among Mason County residents for influenza and pneumonia (based on 2000-2004 data): (D14)

- 66% involved county residents age 65+
- 27% involved county residents age 18-64
- 7% involved county residents age 0-17

## Cancer Screening

The majority of Mason County women age 40+ have had a mammogram at some point in their lifetime. (D1.15)

### Women 40+ who have had a Mammogram at some point in their Lifetime, Mason County & Washington State 2004

Area	% Yes Mammogram
Mason County	96%
Washington	91%

About 62% of Mason County men age 50+ have had a Prostrate Cancer Screening (PSA) test at some point in their lifetime. The majority of Mason County men age 50+ have had a digital rectal exam at some point in their lifetime. (D1.16-17)

### Men 50+ who have had a Prostrate Cancer Screening test at some point in their Lifetime, Mason County & Washington State 2004

Area	% Yes PSA Test	% Yes Digital Rectal Exam
Mason County	62%	97%
Washington	72%	89%

**Notes:**

- The PSA test measures the level of Prostate-specific antigen in the blood. Prostate cancer or benign non-cancerous conditions can increase PSA levels.
- A digital rectal exam usually occurs as part of a routine physical exam. It involves the placement of a gloved finger into the rectum to feel the size, and hardness of the prostate gland. The test can detect abnormalities only in the lower part of the rectum.

## Pregnancy Prevention

About 63% of Mason County women age 18-44 are currently using some method to prevent pregnancy. (D1)

### Use of Pregnancy Prevention Methods among Women 18-44, Mason County & Washington State 2004

Area	% Yes Prevention	% No Prevention
Mason County	63%	37%
Washington	65%	35%

**Notes:**

- No = includes women who are trying to get pregnant, who are not currently sexually active and those with same sex partners.
- Pregnancy prevention methods can include having tubes tied, partner having a vasectomy, birth control pill use, using condoms, IUD, contraceptive patch, shots and other options.

In 2004, of Mason County women age 40+ who have had a mammogram: (D1.15)

- 40% had a mammogram within the past 'year' years.
- 67% had a mammogram within the past 'two' years.

In 2004, 93% of Mason County women age 20+ and 96% of women age 40+ said they have had a clinical breast exam done that involved their doctor, nurse, or other health professional feeling the breast for lumps, at some point in their lifetime. (D1.16)

In 2004, 97% of Mason County women age 21+ said they had a pap test done, a test for cancer of the cervix, at some point in their lifetime. (D1.16)

In 2004, of Mason County women age 21+ who have had a pap test, 73% had their last pap test within the past 'two' years. (D1.16)

43% of Mason County adults age 50+ have had a sigmoidoscopy or a colonoscopy exam at some point in their lifetime. In comparison, 57% of Washington State adults age 50+ have had a sigmoidoscopy or a colonoscopy exam at some point in their lifetime. These exams involve the use of special equipment inserted in the rectum to view the colon for signs of cancer and other health problems. (D1.16,29)

An average of 167 abortions are reported each year among Mason County women of all ages (based on 2000-2004 data). (D18-22)

## HIV Testing

Nearly half of Mason County adults age 18-64 have been tested for HIV infection at some point in their lifetime. (D1)

### Adults 18-64 who have been tested for HIV at some point in their Lifetime, Mason County & Washington State 2004

Area	% Yes Tested	% No Tested
Mason County	46%	54%
Washington	44%	56%

**Note:**

- HIV testing occurs for a variety of reasons including the test being part of a routine medical checkup, due to pregnancy, wanting to find out if they had HIV/AIDS, being required (for example to get life insurance) and for many other reasons.

## Alcohol and Drug Services

An average of 95 Mason County youth between the ages of 10-17 received some state funded alcohol or drug related service each year (based on 2000-2004 data). (D23)

### State Funded Alcohol or Drug Services among Youth age 10-17, Mason County & Washington State 2000-2004

Area	Rate 2000	Rate 2001	Rate 2002	Rate 2003	Rate 2004
Mason County	15.9	14.4	14.1	17.0	20.6
Washington	12.3	11.6	11.4	11.2	11.0

**Notes:**

- State funded services = includes assessment, detox and treatment.
- Rate per 1,000.

In 2000, 685 Mason County adults received state funded alcohol or drug services. By 2004, 868 Mason County adults were receiving state funded alcohol or drug services. (D23)

### State Funded Alcohol or Drug Services among Adults 18+, Mason County & Washington State 2000-2004

Area	Rate 2000	Rate 2001	Rate 2002	Rate 2003	Rate 2004
Mason County	18.1	16.1	19.9	20.8	22.4
Washington	11.6	11.5	11.8	12.0	12.8

**Notes:**

- State funded services = includes assessment, detox and treatment.
- Rate per 1,000.

During the 2003/2004 state fiscal year, the following mental health services were provided through the Washington State Department of Social and Health Services to Mason County residents: (D24-25)

- 14 county adults received inpatients services at a state operated institution, either Western State Hospital or Eastern State Hospital.
- 1,045 county residents of all ages received community services. Community services include the delivery of Individual Therapy, Group Therapy, Day Treatment and Medication through mental health providers.
- Of those receiving community services: 32% were age 0-17, 64% were age 18-64, and 2% were age 65+.

In 2003, 10% of all adult Mason County residents were estimated to need treatment for substance abuse. (D26)

In 2003, 11% of adult county men were estimated to need substance abuse treatment. (D26)

In 2003, 6% of adult county women were estimated to need substance abuse treatment. (D26)

22% of adult county residents age 18-24 were estimated to need substance abuse treatment in 2003. (D26)

13% of adult county residents age 25-44 were estimated to need substance abuse treatment in 2003. (D26)

8% of adult county residents age 45-64 were estimated to need substance abuse treatment in 2003. (D26)

(D1)

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